

NAIL CARE....

The hands and feet tell a great deal about a person. Let yours say you care.

Perfect for men and woman.

Basic Manicure

After Your hands are soaked, cuticles are groomed, nails are shaped, a relaxing hand and arm massage provided, then your nails are polished to perfection. *Approx. 35 minutes*

Hot Oil Manicure

Nails are dipped in a warm, rich, moisturizing in cream, that hydrates the cuticle and hands, then a hand and arm massage provided. *Approx. 40 minutes*

Spa Manicure

A luxurious manicure, hands and arms are exfoliated, cuticles and nails are given special attention. This experience will leave your hands and arms supple and smooth. *Approx. 45 minutes*

Basic Pedicure

After your feet are soaked in a therapeutic bath, nails and cuticles are groomed, calluses are gently removed, skin is buffed and exfoliated. A foot and calf massage with a moisturizing cream follows with a polish of your choice. You and your feet will feel rejuvenated and relaxed. *Approx. 60 minutes*

Spa Pedicure

The ultimate pampering. While enjoying the aromatic effects of this treatment, your cuticles and nails are groomed. Feet and legs are exfoliated, calluses are softened by a sea serum. An aroma therapeutic masque will cool and condition the feet. Your feet and legs will be pampered with a special massage then your toes are polished to perfection. Your feet will look and feel heavenly!
Approx. 75 minutes

Hot Stone Pedicure

This includes the steps from the basic pedicure and much more. Your feet and legs will be massaged using warm stones, and rich aromatherapy oils. The stones deeply heat your muscles to release toxins and reduce stress. The treatment will leave you feeling so relaxed and so pampered. *Approx. 90 minutes*

A Little Taste of Heaven... Come in and enjoy an Angelic afternoon in a private, quiet, serene, and relaxing environment.



ANGEL'S TOUCH BY LISA

Angel's Touch by Lisa



(774)642-0004

Gift Certificates Available

- All prices are subject to change
- Gift certificates cannot be redeemed for cash value
- We regret that we can not be responsible for loss or damage to personal items
- Cancellations require a 24 hour advanced notice otherwise charges will apply
- We ask that you schedule your next appointments to ensure the time that is most convenient for you
- A \$20 fee is charged for returned checks



Relax and enjoy

ANGEL'S TOUCH BY LISA



Angel's Touch by Lisa
294 West Boylston St. 2nd Floor
West Boylston, MA 01583

Service Listing & Descriptions

TEL: (774)642-0004
BY APPT. ONLY

**NOW OFFERING
INTUITIVE ANGEL
READINGS
PLEASE INQUIRE*

FOR THE SKIN....

Spa Facial

Perfect for all skin types. This facial includes a deep cleansing with specific attention given to your skin's individual needs. Dull surface skin cells are gently removed, followed by extractions if necessary. Next you will enjoy a relaxing facial and neck massage, followed by a mask for your skin's individual needs and a light moisturizing. *Approx. 1 hour*

Gentleman's Facial

Individualized for a man's skin care needs. It starts with an exfoliation with enzyme peeling, deep pore cleansing and anti-stress massage including a relaxing face, neck & shoulder massage. It treats your dilemmas, and leaves the "fluff" behind, leaving the skin well-conditioned. *Approx. 1 hour*

Sacred Stone Healing Facial

Add a new dimension to your facial by using warm stones, rich aromatherapy oils and cool gemstones to rebalance your energy centers and establish deep relaxation. The stones deeply heat your muscles to release toxins, reduce tension and relieve stress. *Approx. 75 minutes*

Corrective Facial

Helps to eliminate breakouts. A deep pore cleansing eliminating bacteria trapped in the follicles and a clarifying masque. *Approx. 1 hour*

Aromatherapy Facial

Indulge your senses, an aromatic, and hypnotic, way to help soothe mental tension. By using essential oils, you will relax, de-stress, & reduce fatigue. *Approx. 1 hour*

Deluxe Spa Facial

This traditional Spa Facial is enhanced by a longer massage including neck, shoulders and decollete. During the facial you will receive a hand and arm massage followed by heated mitts that will leave your hands baby soft. *Approx. 90 minutes*

Paraffin Facial

Recommended for mature, dry dehydrated skin. A warm moisturizing paraffin is incorporated into the traditional spa facial. This treatment provides deep hydration, stimulates circulation and leaves skin with a moist healthy glow. *Approx. 1 hour*

Teen Facial

This deep cleansing facial is designed for teenagers up to the age of 16, for their needs and skin types. Includes skin analysis, steam, exfoliation, manual extraction and masque. *Approx. 50 minutes*

Four Layer Facial

"Sea the Difference". Layer upon layer of intensive renewal and algo-thermic hydration. In the first layer a vitamin C Serum whose properties nourish, hydrate, and tone the skin. The second layer uses a rich hydrating cream filled with collagen & Vitamin B used with massage to improve circulation. The third layer is a freeze-dried seaweed masque which eliminates toxins, and nourishes skin. Layer four is a finishing mineral masque which creates a gentle heat because of its unique minerals to intensify absorption & prolong the results of the treatment. *Approx. 75 minutes*

Pumpkin Enzyme Peel

This peel exfoliates and gives the skin a vibrant, healthy, youthful glow, while you are intoxicated with the edible aromatic scent of pumpkin pie. It is a natural peel with Beta Carotene, and loaded with antioxidants & nutrients, that help to rejuvenate tired skin. *Approximately 30 minutes*
Alone \$30 with any facial add \$15.

Rose Petal Facial

You can take time to smell the Roses. Indulge your senses, you will love being drenched by the aromatic scent of Rose essential oils. It will calm your central nervous system, and leave you relaxed, pampered, and a sense of well being. *Approx. 1 hour*

Eye Treatments

Designed to lift, soothe, firm the delicate eye area. A gentle lymphatic massage reduces puffiness, tension, dark circles, and sinus pressure. *Approx. 15 minutes*
Alone \$20, with any facial add \$15

Back Facial

A special treat for that hard to reach area that starts with cleansing, exfoliation, steamed towels, extractions, stress relieving massage and a calming and soothing masque to encourage blemish free skin. It is great for those summer months, and cold winters. With Paraffin \$10 additional. *Approx. 1 hour*

Passage

This is the utmost relaxing treatment. This treatment starts with a relaxing back massage to help ease the tension in your neck, shoulders and back. Then it includes a spa facial, a hand massage, and a foot massage preceded by warm towels. *Approx. 90 minutes*

Make-up Applications

Specializing in Make-up applications, Make-up lessons, and Bridal make-up, on site, or I can travel to you...
Please inquire for more information

FOR THE BODY....

*No sun exposure, or shaving

the day of your body treatment.

Mud Wrap

Your body is brushed with a warm, rich mud, circulation is increased as the minerals are absorbed deep into the skin. Minerals and trace elements stimulate the lymphatic system and release toxins, leaving the skin tissue firm and refined. *Approx. 75 minutes*

Seaweed Wrap

A rich paste of warm seaweed is applied over the entire body. This wrap is a nourishing, re-mineralizing and exfoliating treatment. This rejuvenates muscles and skin and stimulates circulation and lymphatic drainage. This wrap will invigorate, tone the epidermis, improve elasticity and provide softer smoother skin while creating a feeling of relaxation and well being. *Approx. 90 minutes*

Sea Salt Glow

This exfoliating treatment is rejuvenating & invigorating. It is a polishing treatment using sea salts to exfoliate the entire body, improving circulation, leaving your skin smooth, glowing, and velvety soft. *Approx. 1 hour*

Cellulite Treatment

These treatments over time with help to tighten the skin and improve cellulite. It is recommended for those looking to de-stress, remove toxins, and soften the skin. It increases circulation, helps to stimulate the lymphatic system, increase firmness & elasticity, and remove toxins from the adipose tissue. This is not a weight loss treatment. Cellulite can be improved with a high fiber diet, exercise, increased water intake, use of these treatments & proper home care. The treatment begins a stimulating gel is firmly massaged into the area to increase circulation and the metabolic process. A layer of warm paraffin is applied for better penetration of product, and the area is wrapped in a foil sheet. Once the foil and paraffin are removed, a lotion is applied leaving the skin feeling firmer. *Approx. 45 min.* A Series of 6 to 12 treatments is recommended

Back Paraffin

For dehydrated skin. The back is cleansed, a light lotion is applied and then a layer of warm paraffin is brushed on your back. You will feel warm, relaxed and re-hydrated. *Approx. 30 min*

Sunless Full Body Tanning

This body bronzing is an enticing treatment all year round, and avoiding the harmful effects of the sun exposure, & tanning booths. Add a sun-kissed glow to your skin, with an application of our self-tanner. It will start with a mild exfoliation, then the self tanner is applied, people will ask were you went on vacation! *Approx. 90 minutes*

Angel's Touch by Lisa

(774) 642-0004

Price Listing

Revised (5/09)

Skin

Spa Facial	\$60.00
Spa Facial w/gentle microderm	\$65.00
Spa Facial w/modeling mask	\$65.00
Ultimate Deluxe Spa Facial	\$75.00
Four Layer Facial	\$85.00
With deep cleaning	\$90.00
Teen Facial	\$55.00
Gentleman's Facial	\$65.00
Corrective Facial – acne	\$70.00
Paraffin Facial (dry)	\$70.00
Aromatherapy Facial	\$70.00
Aromatherapy oils (additional)	\$10.00
Pumpkin Peel	\$30.00
Pumpkin Peel (with any facial)	\$20.00
Rose Petal Facial	\$70.00
Vitamin C Facial	\$70.00
Hydrating Eye Treatment	\$20.00
Eye Treatment (with any facial)	\$15.00
Aromatherapy Scalp Massage-	\$25.00
Scalp treatment w/any facial	\$20.00
Facial massage (aromatherapy)	\$30.00
Back Facial	\$65.00
Back Facial with Paraffin	\$70.00
Paraffin (w/facial- additional)	\$10.00
Passage	\$85.00
Hot Stone Facial	\$85.00

Hair Removal - Waxing

Brow	\$12.00
Lip	\$10.00
Chin	\$10.00
Sides of Face	\$10.00
Full Face	\$30.00
Underarm	\$18.00
Full Arm	\$35.00
Bikini	\$20 & up
Abdomen	\$10.00
Full Leg	\$60.00
Full Leg w/ Bikini	\$70.00
Lower Leg	\$35.00
Lower Leg w/ Bikini	\$45.00
Upper Leg	\$40.00
Upper Leg w/Bikini	\$45.00
Full Back	\$60.00
Chest & Stomach	\$60 & up

Make-up

Application	\$30.00
Lessons	\$45.00
Wedding make-up	(please inquire)

Body Treatments

Salt Glow	\$60.00
Mud Wrap	\$80.00
Back Paraffin	\$35.00
Full Body Tanning	\$85.00
W/Salt Glow-Body exfoliation	\$100.00
Seaweed Wrap	\$80.00
Cellulite Treatments (each)	\$40.00
Series of Six (prebook)	\$195.00

Nails – Hand & Foot Care

Polish Change	\$12.00
French Polish Change	\$15.00
Trim, Shape, buff, polish change	\$18.00
Basic Manicure	\$20.00
Basic Manicure w/paraffin	\$28.00
French Manicure	\$25.00
French Manicure w/paraffin	\$32.00
Hot Oil Manicure	\$25.00
Hot Oil Manicure w/French	\$30.00
Spa Manicure	\$28.00
Spa Manicure w/French	\$32.00
Nail Repair/Silk wrap or Tip(ea)	\$ 5.00
Young (pre-teen) manicure	\$18.00
Basic Pedicure (w/exfoliation)	\$45.00
Mini Pedicure(Trim/shape/polish-only)	\$25.00
French Pedicure	\$50.00
Spa Pedicure	\$55.00
Spa Pedicure w/Paraffin	\$60.00
French Spa Pedicure	\$60.00
Hot Stone Pedicure	\$70.00
Hand & Foot (aroma)massage-only	\$25.00

*prices subject to change-please inquire

please inquire about **Intuitive Angel readings: \$40 for 30 min.\$70 for 1 hour, additional time charges do apply